



TRIDENT LEADS

Newsletter 7
13th March 2020
Term 1, Week 7

Kia ora,

Yesterday we held Trident Swimming Sports at the Whakatane Aquatic Centre. This is a huge day for students and staff and it was a really celebratory event which encouraged school spirit. More than three hundred and fifty students went to participate or spectate and the atmosphere was one of fun and collegiality. These events define our school; these are the memories that our students can make which they will keep forever, so it is always pleasing to see the large numbers who choose to take part. For some students it is stepping outside their comfort zone and I commend them for the courage that this takes and thank whanau for their support in helping students to engage in these key school activities.

Students will be talking to you already about the goal setting interviews which are taking place on March 25th.

It is an important opportunity to take stock of academic progress, aspirations and future pathways, particularly for our senior students. In your planning and discussions please remember Trident's focus on personal excellence and the importance of grit and determination and allow for these aspects of our core values to guide the goals set.

I wish you all a very restful and family filled weekend.



Nga mihi,

Adrienne Scott-Jones
Acting Principal

SWIMMING SPORTS—see inside for results



QUALITY WORK – RESPECT FOR OTHERS

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IMPORTANT DATES

Thursday 19th March	2020 Blood Drive
Friday 20th March	Term 1 Report out
Wednesday 25th March	Goal Setting Interviews—no School on this day
Thursday 26th March	Cross Country Korero Café Library 2.45pm—4.00pm
Friday 27th March	Shave for a Cure
30th March—3rd April	Summer Tournament Week
Thursday 9th April	End of Term 1

YEAR 9—13 FORM TEACHER GOAL SETTING PARENT/ WHANAU INTERVIEWS

Wednesday 25th March 10am—6pm in A, L or M block.

Parents and whanau are invited to Form Teacher Goal setting interviews.

Please bring your son or daughter to discuss goal setting with their Form Teacher.

Booking appointments online using the information below:

<https://www.schoolinterviews.co.nz/code?code=e7rjh>

Code: e7rjh The portal is now open.

If you are unable to make it to an interview on this day, please contact the Form Teacher to arrange another time.

NO CLASSES FOR STUDENTS ON THIS DAY

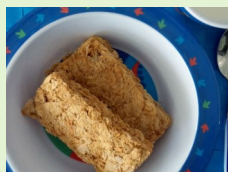
UNIFORM REMINDER

Students are to wear the correct Trident uniform to school. No slides or jandies, sandals must have a back on them or covered shoes. All technology classes require covered shoes. Socks must be black or white.

As the weather changes we are seeing hoodies appear, these are not part of the school uniform and must be removed at school. Students need to be wearing the blue school polar fleece on these colder mornings. Please name all school uniform items. Thank you.

TU TANGATA BREAKFAST CLUB

Our Tu Tangata Breakfast Club is up and running on Wednesday mornings 7.45am—8.30am in the Community Room. Free breakfast—come and have weetbix, toast and spreads, fruit pods, muesli bars, scroggin, baked beans and hot milo. We will increase to 2 days a week shortly. Everyone is welcome to attend.



SCIENCE TEACHING LEADERSHIP PROGRAMME

Miss Nolan is currently one of 24 participant teachers selected from high schools and primary schools throughout New Zealand to take part in the Science



Teaching Leadership Programme. The programme is funded by the Ministry of Business, Innovation and Employment (MBIE) through Curious Minds but is managed by the Royal Society Te Apārangi. The focus of the programme is around the teaching of Science and teachers are placed in host organisations to get a good understanding of the Nature of Science Strand of the curriculum. Miss Nolan is being hosted by Plant and Food Research in Te Puke and is learning about kiwifruit and avocados! One of the projects is testing the firmness of the fruit using a firmness gun that was especially designed by Plant and Food Research. Miss Nolan will be returning to Trident at the start of Term 3 so stay tuned for her updates on her avocado and kiwifruit projects that will be starting soon. Miss Nolan is certainly displaying our motto - Kia Manawa Nui! To read the full article, click on the link: <https://www.royalsociety.org.nz/what-we-do/funds-and-opportunities/science-teaching-leadership-programme/teacher-profiles/2020-teacher-profiles/trident-high-school-erin-nolan/>

2020 BLOOD DRIVE

NZ Blood Service will be holding a mobile Blood Drive at Trident in the Auditorium on **Thursday 19th March** between 9am- 1pm. Parents, teachers and students are invited to come along and donate blood at the drive.

Age: First time donors: 16-65 years of age,

Existing donors: Up to 71 years of age.

Height/Weight: Weigh at least 50kg - First time donors must also meet the height and weight criteria.

See the website for more information.

Health: You must be in good health.

You cannot donate if you have a cold, flu, sore throat, stomach bug or any other infection.

If you have recently had a tattoo or body piercing you cannot donate for 6 months from the date of the procedure.

If you have visited the dentist for a minor procedure you must wait 24 hours before donating; for major work wait a month.

If you require further information please call 0800 GIVEBLOOD or visit www.nzblood.co.nz



NEW ROTARY EXCHANGE STUDENT

We welcome Giulia de Almeida to Trident, all the way from Pirapozinho, Sao Paulo, Brazil! Giulia is here for 1 year on a student exchange and is staying with Jo, Hamish and Kyle Galloway. Giulia chose New Zealand because it looked to her like a wonderful country rich in culture. While here she hopes to improve her English but mostly wants to get to know about another culture and explore our beautiful country. There will be many new foods that Giulia will get to experience in New Zealand but her current favourite is Hokey Pokey icecream, a favourite with many kiwis too! There are many differences between school in Brazil and New Zealand says Giulia. "In Brazil we cannot choose the subjects, it is mandatory that we take Double Biology, Double Chemistry, Double Physics, PE, Algebra, Geometry, Literature, Portuguese, Grammar, English, Sociology, History, Philosophy and Geography. We also have one class and the teachers come and go instead of students moving between classes. Kyle spent a year on a Rotary Student Exchange in Germany in 2019. Check out our Facebook page for Kyle's story and if you are interested in being an exchange student speak to Kyle or Giulia as they are more than happy to talk about their experiences.



CAREERS CORNER

Employability - The World of Work

So what are *Hard Skills* and what are *Soft Skills*? Here is part of an article, by LinkedIn, which I think puts it well.

"Hard skills are specific and teachable abilities, such as reading, writing and mathematics. These skills are easily measured and are directly applicable to particular industries."

Soft skills aren't as easily quantifiable as hard skills. Often abstract in nature, these abilities are derived from the right side of the brain. Soft skills are closely linked to personality traits, and harder to measure or assess. For those who can demonstrate soft skills, the job market is wider".

At Trident High School we encourage the following seven soft skills in our employment preparation classes:

**Positive Attitude Communication Team Work
Self Management Willingness to Learn Thinking Skills
Resilience**

An excellent website is:

www.school-leavers-toolkit.education.govt.nz. This is a bilingual website with a section dedicated to "Getting a Job". This section incorporates a wide range of practical information including; My Skills and Strengths, Skills employers are looking for, Choose a Career, My rights and responsibilities at work, How do I write a CV?, Prepare for a Job Interview. *Robyn Cannell, Careers Specialist*

SWIMMING SPORTS RESULTS

2 Length Free Style

SB - Elliot Brown 39.63secs, Brad Warren 39.69secs
SG - Tessa Dodson 46.81secs
IB - Joshua Jackson 45.81secs, Hugh Oyanagi 46.41secs, Bailey Fredericksen 49.63secs
IG - Zoey Salt 49.84secs, Zoe Christie 51.62secs, Caitlyn Esterhuizen 53.07secs
JB - Ben Hipkiss 48.84secs, Tuku Timoti 51.35secs, Kayan McCoubrie 52.25secs
JG - Hannah Baxter 45.28 secs, Layla Rowland 47.97 secs

3 Length Free Style

SB - Michael Esterhuizen 1.10secs
SG - Tessa Dodson 1.14.25secs,
IB - Joshua Jackson 1.15secs, Matthew Reihana-Asquith 1.19 secs, Bailey Fredericksen 1.25secs
IG - Zoey Salt 1.19.22secs, Zoe Christie 1.21.00secs
JB - Ben Hipkiss 1.31.53secs, Kayan McCoubrie 1.46.21secs, Braeden Webster 1.53.59secs
JG - Hannah Baxter 1.12.40secs, Layla Rowlands 1.17.82secs

2 Length Backstroke

SB - Michael Esterhuizen 53.53secs, SG - Tessa Dodson 51.53secs
IB - Joshua Jackson 55.78secs, Matthew Reihana-Asquith 1.02.60secs, Ned Steane 1.07.28secs
IG - Zoey Salt 59.00secs, Zoe Christie 1.00.00secs,

Caitlyn Esterhuizen 1.02.00sec

JG - Hannah Baxter 53.84secs, Layla Rowland 57.50secs

2 Length Breaststroke

SB - Michael Esterhuizen 1.01secs
SG - Tessa Dodson - 1.00.37secs
IB - Joshua Jackson 1.02.78secs, Matthew Reihana-Asquith 1.09.47secs, Kalib Schuler 1.09.85secs
IG - Zoey Salt 1.07.75secs, Caitlin Esterhuizen 1.11.43secs, Zoe Christie 1.12.34secs
JB - Ben Hipkiss 1.16.53secs, Kayan McCoubrie 1.26.97secs, Braeden Webster 1.30.78secs
JG - Hannah Baxter 1.01.94secs, Layla Rowland 1.04.97secs, Molly Byford 1.19.78secs

OVERALL SWIMMING CHAMPIONS 2020

JG - HANNAH BAXTER
JB - BEN HIPKISS
IG - ZOEY SALT
IB - JOSHUA JACKSON
SG - TESSA DODSON
SB - MICHAEL ESTERHUIZEN

HOUSE RESULTS

1st Place BUCK - 2160 points
2nd Place POMARE - 1920 points
3rd Place KARA - 1245 points
4th Place NGATA - 650 points



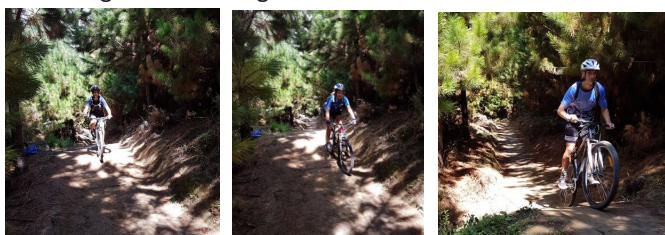
Newsletter by email? If you would like to receive this newsletter by email please email newsletter@trident.school.nz

SPORTS NEWS

PE OUTDOORS VISIT THE REDWOODS



On Tuesday, our Level 3 PE Outdoors class were in the Redwoods where they are preparing for the 84km Timber Trail that they will be biking in 2 weeks time. It looks like they are having fun mastering the downhill runs!



ADVENTURE RACING

Congratulations to our adventure racing students who did really well at the Coromandel ARC Adventure Race over the weekend.

Nicole Curtis and Jack Ellery (*left photo*) placed first in the 8 hour school 2 person team, while Jacob Bridge, Asger Evans and Milla Dibben (WHS) placed first in the 8 hr school 3-4 person team. Two first placings, great achievement!



UNWELL STUDENTS TO GO TO SICK BAY

Some students are texting/phoning home saying they are unwell and asking parents to collect them; as a safety system they must go to the sick bay. Parents will be notified immediately should the student need to be collected. Please reinforce this procedure with your child. To ensure we can contact you in an emergency please make sure school is aware of any changes to your contact details.

VOLLEYBALL BAY CHAMPIONSHIPS

Congratulations to our Volleyball teams who played over the weekend at the Bay Championships. The Girls' A team (below) beat Otumoetai A in the final 3-0, while the Boys' team lost a close game to Western Heights going down 3-2 with the final set being 16-14. The Girls' B team finished 10th overall. Thank you to our coaches and teachers for all the support you provide for our players.



NETBALL

Congratulations to our Netballers who have been selected to play in the WaiBop U16 Squad: Charlice Bryce, Amanda Redmond and Hinemaringi Scott-McCauley.



Charlice and Amanda also made the Waiariki U17 Squad and all three girls' will spend the netball season competing for our Trident Premier Team.

The girls hope to get onto the BEKO Training Squad that Khiarna Williams is currently in and say that Khiarna is a great mentor and role model for them.

The girls train most days after school and are looking forward to the season starting in April. We are looking forward to following their success as they work towards their BEKO goal and ultimately we have more Silver Fern's from Trident!

CRICKET NEWS

On Saturday, Trident 1st XI Cricket Team played the last of the round robin games vs the Rotorua Strikers. Trident batted first scoring 249 for the loss of 8 wickets. Student Harry Jones scored 35, Luka Watson 23 and Ethan Forbes 16. Former Student Liam Jones top scored with 60 runs. The strikers were dismissed for a total of 171 giving Trident the win. Once again Liam shone taking 4 wickets. Ethan Forbes was also successful with the ball, clean bowling 2 of his opponents.

Trident is now in the playoffs of the Senior Men's Reserve Grade Division. Good luck team!